



# Royal Bahamas Police Force

*Working together for a safe Bahamas*

## Home Safety for Children

You may be confident that your home is better for your child than a day care center, but is it as safe? Help protect your family by childproofing your home, keeping it as safe as a day care facility.

**Your skills.** As a parent, you should know the Heimlich maneuver to help a choking child, as well as how to do rescue breathing and CPR.

### **Safety equipment.**

Be sure your home is equipped with a **fire extinguisher**, and **smoke alarms**.

### **Fire drills.**

Have fire drills with your children. Do you have an escape plan if there is a fire during the night? Do your children know where to go? Are they able to open a window on their own?. Keep a small fire extinguisher in the kitchen and know how to use it.

### **Calling for help.**

Teach your children how to **dial 911** in an emergency. Be sure to teach them what constitutes a real emergency and go over some specific examples. Tell your children to use a landline phone and not a cell phone, so the 911 operator knows where they're calling from. Teach them to stay on the line and open a door for the emergency responders.

### **Prevent scalds and burns.**

Set your water heater temperature at 120 F or less, or just below the "medium" setting. Lock up all matches and lighters. Don't light candles unless an adult is going to be in the room at all times. Flameless Candles have the same ambiance as a real candle, but with no flame. Cover all electrical outlets with safety covers.

### **Smart prevention**

- Keep everything out of reach of a baby's crib, especially cords from window blinds and stuffed animals with button eyes or other ornaments.
- Keep all medicines, cleaning products, liquor, and chemicals locked up.
- Don't leave water in buckets or tubs. Use a toilet lid lock on all toilets.
- Keep your home free of little things a child can choke on. Buttons, coins, jewelry and small toys cannot be left lying around.

**Police Emergency**  
**911**

**National Crime Prevention Office**  
**302-8430 / 1**

[www.royalbahamaspolice.org](http://www.royalbahamaspolice.org)

*"To make The Bahamas a safer place to live, work, visit and play."*

**Crime Stoppers**  
**328-TIPS (8477)**  
**Family Islands**  
**(242) 300-8476**